



# The Good Shepherd Lunch Menu May 2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	29 White Beans & Rice Smoked Sausage Carrots Fresh Fruit & Milk	30 Chicken Tenders Mac & Cheese Broccoli Fresh Fruit & Milk	1 Beef Nachos Refried Beans Fresh Fruit & Milk	2 Smothered Chicken Rice & Gravy Green Beans Fresh Fruit & Milk	3 Shrimp Pobo French Fries Fresh Fruit & Milk
WEEK 2	6 Red Beans & Rice Smoked Sausage Carrots Fresh Fruit & Milk	7 Chicken Tenders Mac & Cheese Broccoli Fresh Fruit & Milk	8 Shepard's Pie Green Peas Fresh Fruit & Milk	9 Hamburgers French Fries Fresh Fruit & Milk	10 Pepperoni Pizza Cauliflower Fresh Fruit & Milk
WEEK 3	13 Pastalaya Carrots Fresh Fruit & Milk	14 Crispy Chicken Sandwich Green Beans Fresh Fruit & Milk	15 Hotdogs Tater Tots Fresh Fruit & Milk	16 Beef Nachos Black Beans Fresh Fruit & Milk	17 Mini Corn Dogs Roasted Broccoli Fresh Fruit & Milk
WEEK 4	20 BBQ Rib Sandwich French Fries Fresh Fruit & Milk	21 Chicken Nuggets Mac & Cheese Broccoli Fresh Fruit & Milk	22 Pepperoni Pizza Corn Side Salad Fresh Fruit & Milk		

\*This institution is an equal opportunity provider.