



The Good Shepherd Lunch Menu March 2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	4 Red Beans & Rice Smoked Sausage Carrots Fresh Fruit & Milk	5 BBQ Chicken Thigh Mac & Cheese Broccoli Fresh Fruit & Milk	6 Chicken & Cheese Quesadilla Buttered Corn Fresh Fruit & Milk	7 Meatballs & Spaghetti Green Beans Fresh Fruit & Milk	8 Shrimp Poboy French Fries Fresh Fruit & Milk
WEEK 2	11 Chicken & Sausage Gumbo Carrots Bread Roll Fresh Fruit & Milk	12 Chicken Nuggets Mashed Potatoes Broccoli Fresh Fruit & Milk	13 Beef Tacos Refried Beans Fresh Fruit & Milk	14 Meatloaf Mac & Cheese Green Beans Fresh Fruit & Milk	15 Cheese Pizza Buttered Corn Fresh Fruit & Milk
WEEK 3	18 Red Beans & Rice Smoked Sausage Carrots Fresh Fruit & Milk	19 Chicken Tenders Mac & Cheese Broccoli Fresh Fruit & Milk	20 Mini Corndogs Tater Tots Mixed Vegetables Fresh Fruit & Milk	21 Chicken Alfredo Green Beans Fresh Fruit & Milk	22 Fish Sticks French Fries Fresh Fruit & Milk
WEEK 4	25 Grilled Cheese Tomato Basil Soup Broccoli Fresh Fruit & Milk	26 Stewed Chicken Rice & Gravy Green Peas Fresh Fruit & Milk	27 Hotdog w/o Chili Tater Tots Fresh Fruit & Milk	28 Easter Break	29 Easter Break

*This institution is an equal opportunity provider.